



PATIENT & CAREGIVER EDUCATION

Exercises After Breast Surgery Without Reconstruction

This video will show you how to do the exercises you'll need to do after your breast surgery. This video is for people who have not had reconstruction.



Please visit www.mskcc.org/pe/exercises_without_reconstruction to watch this video.

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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